

# MENTOR TRAINING DAYS

Cycle Training UK are delivering one day Mentor Training Days in 2009

National Standard/Bikeability scheme guidelines highlight the importance of mentoring for all Bikeability schemes. In addition to being a requirement of National Standard schemes, having mentors in place creates a sense of progression and professional development within an organisation. Mentors can also support provisionally accredited instructors ensuring that when they are assessed by the Instructor Training Provider they are more likely to pass with fewer assessed sessions.



Cycle Training UK has had a mentoring scheme in place since the company's inception in 1998 and delivers a popular one day mentor training day from their central London training centre.

## **Course Overview:**

The course takes place over 8 hours and covers the following:

### **Part 1 – Refreshing Skills**

What is National Standard/Bikeability? – Levels and outcomes  
Risk assessment – Trainee/Bike/Environment  
Maximising learning  
Getting good behaviour  
Pace, structure and ground rules

### **Part 2 – Mentoring**

Why? When? Who?  
Before and during, when to intervene  
Feedback/action points and targets. Keeping things positive  
Documenting the process

### **Part 3 – Continual Professional Development**

Instructors support and professional development

## **Course Costs:**

A place on the course costs £100 per person

## **Course Location**

Training Room, Cycle Training UK, London SE16 4DG

## **Next Dates:**

April 28<sup>th</sup> 2009

June 3<sup>rd</sup> 2009

August 17<sup>th</sup> 2009

To book a place please complete the [booking form](#) and return to Maresha at Cycle Training UK.